



**COUNSELING REFERRAL SHEET  
2019 - 2020**

**1. LOS ANGELES COUNTY**

Department of Mental Health

Contact Information: Tel: 1-800-854-7771

Website: [http://dmh.lacounty.gov/wps/portal/dmh/our\\_services/children](http://dmh.lacounty.gov/wps/portal/dmh/our_services/children)

**2. THE HELP GROUP**

Services: Individual and Family Therapy

Fees: Free to students and families with Med-Cal

Contact Information: Hugo Sibrian, Intake Coordinator for Culver City

Tel: 310-751-1174

Address: 12099 Washington Blvd. Suite 200, Los Angeles, CA 90066

Website: <http://www.thehelpgroup.org/program/outpatient-services/>

**3. ANTIOCH UNIVERSITY COUNSELING CENTER**

Services: Individual Counseling, Child & Adolescent Counseling

Fees: Charged based on Gross Income. A sliding scale is used to determine fee.

Contact Information: Tel: 310-574-2813 Email: [aucc.aula@antioch.edu](mailto:aucc.aula@antioch.edu)

Address: 400 Corporate Pointe, Culver City, CA 90230

Website: <https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/>

**4. AIRPORT MARINA COUNSELING SERVICE**

Services: Individual or Group Counseling, Family or Couples Counseling, Child & Adolescent Counseling, Psychiatric Care, Consultation & Referrals

Fees: Charged based on Gross Income. A sliding scale is used to determine fee.

Contact Information: Tel: 310-670-1410 Email: [info@airportmarina.org](mailto:info@airportmarina.org)

Address: 7891 La Tijera Blvd. Los Angeles, CA 90045

Website: <http://www.airportmarina.org/>

#### 5. OPEN PATHS COUNSELING CENTER (Spanish Speaking Counseling Available)

Services: Adults, Couples, Families, and Children Counseling, Support Group, Parent Education Groups, Social Anxiety & Shyness Therapy, Domestic Violence & Anger Management, LGBTQI/LGBT Therapy and Support Groups

Fees: Need to call and inquire or email

Contact Information: Main Tel: 310-967-6072

Address: 5731 W. Slauson Ave., Suite 175, Culver City, CA 90230

Website: <http://openpaths.org/>

#### 6. OUR HOUSE GRIEF SUPPORT CENTER

Services: Grief Support Groups for Children and Adults

Fees: Need to call and inquire

Contact Information: Tel: 310-473-1511

Address: 1663 Sawtelle Blvd., Ste 300, Los Angeles, CA 90025

Website: <http://www.ourhouse-grief.org/>

#### 7. PENDER COUNSELING SERVICES (No Walk-Ins)

Services: Individual Psychotherapy, Family Therapy, Group Counseling: Anger Management, Grief & Loss, Managing Trauma, Self-Esteem, Depression, Anxiety and Parent Support Classes

Fees: Fees and payment arrangements will be discussed during initial consultation with Courtney Pender

Sliding Scales available for cash-paying clients, and for those who qualify

Insurance Billing: Pender Counseling Services is a provider for MHN, a Health Net Company & Cigna

Contact Information: Tel: 800-530-6916 Email: [cpender@pendercounseling.com](mailto:cpender@pendercounseling.com)

Address: 8703 La Tijera Blvd. #206, Los Angeles, CA 90045

#### 8. PLAYA VISTA COUNSELING

Services: Individual and Family Therapy, Play Therapy for Children

Fees: Prices online per 50 minute session. <http://www.playavistacounseling.com/therapy-services/>

Insurance: Can provide PPO providers with a superbill for reimbursement from insurance company.

Contact Information: Tel: 818-559-1234 Email: [rachelthomasian@gmail.com](mailto:rachelthomasian@gmail.com)

Address: 12065 Jefferson Blvd. Los Angeles, CA 90230

Website: <http://www.playavistacounseling.com/>

#### 10. USC TELEHEALTH

Services: Online individual counseling. To participate, all you need is a computer, laptop, or iPad2 or later, a webcam, and high speed internet. Tell them you were referred by WISH Academy High School.

Fees: Need to call and inquire

Contact Information: Tel: 1-866-740-6502

Website: <https://sowkweb.usc.edu/about/centers-affiliations/telehealth>

11. South Bay Children's Health Center /SOUTH BAY YOUTH PROJECT

Services: Adolescent Counseling

Fees: Need to call and inquire.

Contact Information: Tel: 1-310-316-1212

Address: 410 Camino Real, Redondo Beach, CA 90277

Website: <https://www.sbchc.com/clinics/south-bay-youth-project>

12. Kaiser Permanente Health Education and Psychiatry Offices

Services: Individual Counseling

Fees: Need to call and inquire

Contact Information: Tel: 1-323-298-3100

Address: 5105 Goldleaf Cir., Los Angeles, CA 90056

13. PACIFIC ASIAN COUNSELING SERVICES

Services: Individual Counseling

Fees: Need to call and inquire

Contact Information: Tel: 1-310-338-6860

Address: 8616 La Tijera Blvd. Los Angeles, CA 90045

Website: <http://pacsla.org/about-us/>

14. Acorn Family Guidance

Services: Assessment, Individual, Family Therapy, Group Therapy, Parent-Child Interaction Therapy, Play Therapy, Parent Coaching, Workshops and Training Fees: Fees vary based on clinician and service provided. It is best to contact Acorn Family Guidance Center for our current fee schedule. Accepts Insurance: Provide a "superbill" to submit to your PPO insurance for reimbursement at out-of-network provider rates. Currently, not on any insurance panels.

Contact Information: Tel: 424-289-2725

Email: [info@acornfamilyguidance.com](mailto:info@acornfamilyguidance.com)

Address: 12777 Jefferson Blvd. Suite 300 Playa Vista, CA. 90066

Website: <https://www.acornfamilyguidance.com/>

15. EBS Children's Institute

Services: Speech Therapy, Occupational Therapy, Behavior Intervention, Child Psychology, Feeding/Swallowing Services, Literacy Coaching, Transition to Adulthood Support, and Social Skills programs designed to help children thrive.

Fees: Need to call and inquire.

Contact Information: Tel: 1-424-331-9212

Email: [info@ebscila.com](mailto:info@ebscila.com)

Address: 8939 S. Sepulveda Blvd., Suite 320, Los Angeles, CA 90045